



Welcome to the 2026 VCSL Championship Meet

On behalf of the Valley Cabana Swim League team representatives, we would like to welcome everyone to the 2026 Championship Swim Meet. This marks the 29th year of the Valley Cabana Swim League! We are so pleased to be at our new venue, Leigh High School, for our League Championship meet. We are thankful for the opportunity to work with the Campbell Union High School District to secure this venue, the increase in space is invaluable! We would like to thank the league reps from each team: Brendan and Valerie Caleca and Joan Varty of the Almaden Gators, Darrin Shimizu and Gretchen Gabriel of Belwood Dolphins, Toni Mendez and Jennie Anderson of Los Paseos Penguins, Theresa Hull and Sarah Mettler of Montevideo Piranhas, Liv Weaver and Molly McFatridge of Silver Creek Sharks and Liz Westgate and Rommellyn Fisher of Oaktree Sharks.

As in past years we are expecting approximately 2,500 people at today's meet. Please help our Marshals keep everyone safe and keep the walkways clear. The competition side of the pool, lanes 1-9, are our designated area for racing. The lanes on the other side of the competition pool are to be used for **warming up and warming down**. These lanes are not for recreational swim and swimmers not swimming laps will be asked to exit. This keeps everyone safe and allows the Marshals to oversee the area safely.

It is always fun to cheer on your swimmer as well as others. Spectators can sit on the bleachers within the pool deck or can stand at the diving board end of the pool, behind the officials. Spectators may also stand at the shallow end of the pool by the warm up lanes. **Please remember that it is against USA Swimming rules to photograph swimmers from behind the blocks.** You may take photographs from all other angles, but not behind the blocks. Thank you, in advance, for following this important rule.

The purpose of the Valley Cabana Swim League is to provide a fun, friendly, and organized setting where children can develop a love of swimming. The league equally rewards the competitive achievement and personal improvement of the swimmers. Each event offers the swimmers the opportunity to contribute points to their respective team. We ask that all coaches and family members set a positive example of sportsmanship for the children to follow.

Keep hydrated, stay cool, enjoy the races and the company of other swim families and please, please help clean up your trash throughout the day. We have made a promise to CUHSD that we will leave this school site better than we found it, this will allow us to rent the venue next year.

We want to thank our parent volunteers, without whom, it would be impossible for us to run this event successfully. It takes a village to run a swim team and we truly appreciate your support! We hope you all have a wonderful day at our 2026 Championship Meet!

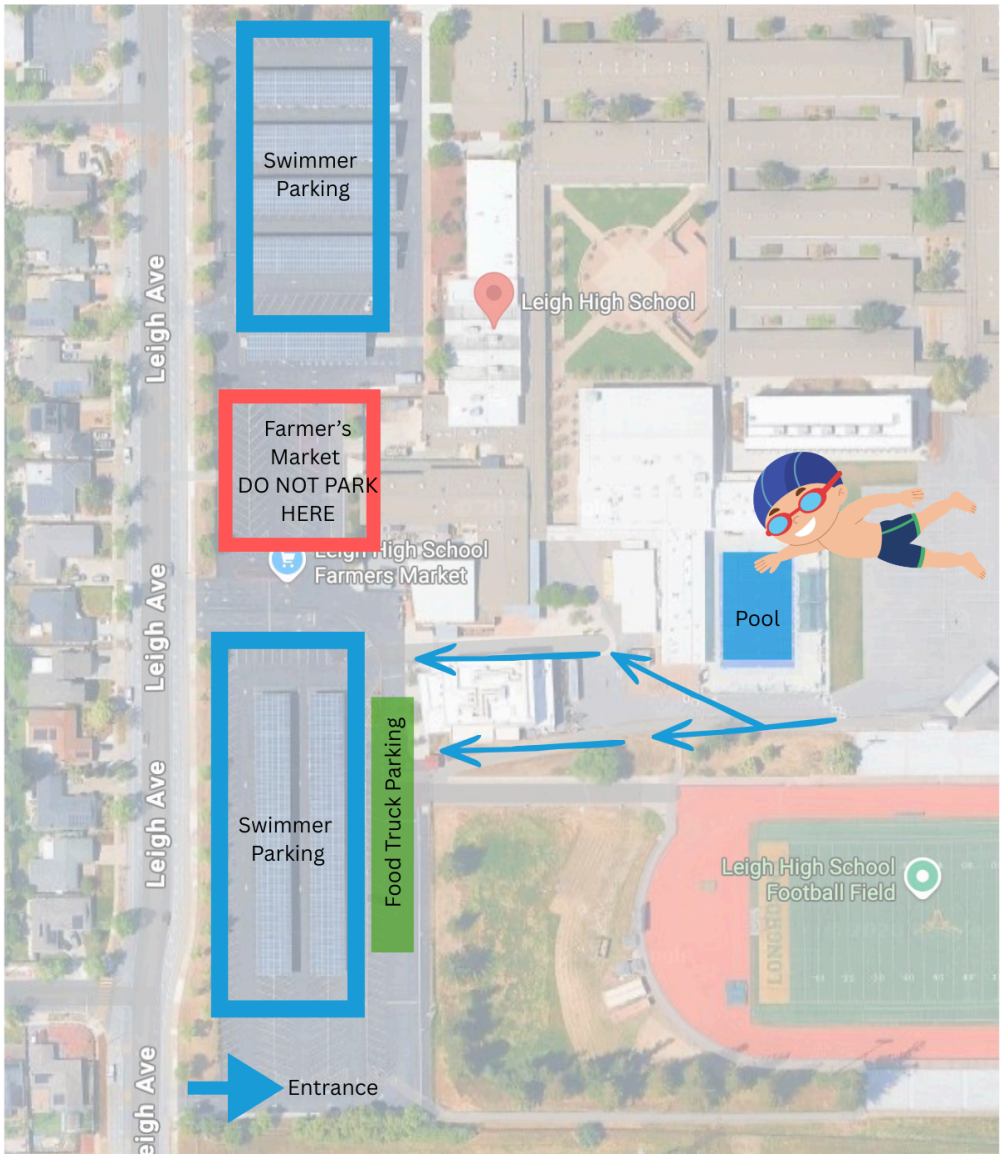
Sincerely,

Theresa Hull and Sarah Mettler
League Commissioners
Valley Cabana Swim League

**Leigh High School
5210 Leigh Ave**

**Swimmers please do not
park in the Farmer’s Market
area. There is parking in the
two other parking lots.
There is also parking along
Leigh Ave and on side
streets.**

Gates Open 6:30 am



Champs Food Trucks!



GrillZillas
Fire and Rice
3 Brothers Kitchen
Thai Thai
The Waffle Roost
Fonseca Mexican Truck
Mister Softie
Kona Ice



More food vendors are located at the farmer's market in the Leigh High parking lot.

VCSL Champs Scoring & Awards

Individual & Relay Scoring		
<u>Place</u>	<u>Individual Points</u>	<u>Relay Points</u>
1 st	11 points	22 points
2 nd	9 points	18 points
3 rd	8 points	16 points
4 th	7 points	14 points
5 th	6 points	12 points
6 th	5 points	10 points
7 th	4 points	
8 th	3 points	<i>Note: Only "A" Relays are eligible to score</i>
9 th	2 points	
10 th	1 point	

Individual & Relay Awards		
<i>Individual Events</i>	<i>Recognition</i>	<i>Relay Events</i>
1 st - 3 rd	Medals	1 st - 3 rd
4 th - 15 th	Distinctive Ribbons	4 th - 15 th
16 th - up	Special Improved Time Ribbon or Participation Ribbon	N/A

Overall High Point Trophies		
<i>Girls</i>	<i>Age Group</i>	<i>Boys</i>
1 st - 5 th place	6 & under	1 st - 5 th place
1 st - 5 th place	7 – 8 years	1 st - 5 th place
1 st - 5 th place	9 – 10 years	1 st - 5 th place
1 st - 5 th place	11 – 12 years	1 st - 5 th place
1 st - 5 th place	13 – 14 years	1 st - 5 th place
1 st - 5 th place	15 – 18 years	1 st - 5 th place

Team Awards		
<i>Dual Meet Champions</i>	<i>Championship Meet Plaque</i>	<i>Championship Meet Trophies</i>
1 st Place Team	1 st Place Team	1 st - 6 th Place Teams

Volunteer Shift Times

Shift	Stroke	Event
AM Shift		
1 st Shift	Medley Relay and Butterfly	1 thru 24
2 nd Shift	Backstroke and IM	25 thru 44
3 rd Shift	Breaststroke	45 thru 56
4 th Shift	Freestyle and Freestyle Relay	57 thru 79
Clean up Shift		

Heat and Lane Assignments

- In championship meets, the heats shall be swum from slowest to fastest. The last heat of an event shall be composed of the swimmers with the fastest submitted times. The next to the last heat composed of the next fastest swimmers, etc.
- Lanes are assigned within each heat with the swimmer with the fastest submitted time being placed in the center most lane in the pool. The next two slowest swimmers are placed on either side of the center and so on.
- For a 9 lane pool being swum at this event the seed order will be as follows:

Seed Order (fastest to slowest)
5,6,4,7,3,8,2,9,1

Lane #	1	2	3	4	5	6	7	8	9
Swimmer entry – Fastest swimmer has 1, next fastest is 2, etc.	9	7	5	3	1	2	4	6	8
					-				
					-	-			
				-	-	-			
				-	-	-	-		
			-	-	-	-	-		
			-	-	-	-	-	-	
		-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-
	-			-					
	-	-	-						

VALLEY CABANA SWIM LEAGUE RECORDS

(as of July 2025)

#	Event	Swimmer(s)	Team	Time	Date
1	MIXED 15-18 200Y MEDLEY RELAY	O. NEITZEL, R. BARTH, A. ECKEL, N. MCCARROLL	BEL	1:46.93	2024
3	GIRLS 13-14 200Y MEDLEY RELAY	A. BARBER, D. FASAN, A. JACKSON, N. ALIAMUSS	LPAC	2:00.88	2015
4	BOYS 13-14 200Y MEDLEY RELAY	K. SINGH, K. SETHI, N. CRAWFORD, A. KALCHURI	SCVCC	1:56.46	2023
5	GIRLS 11-12 200Y MEDLEY RELAY	S. BEISEL, E. VIERRA, C. HUFFMAN, J. CALDERONI	SCVCC	2:05.59	2015
6	BOYS 11-12 200Y MEDLEY RELAY	J. LAUGHLIN, M. MANIGLIA, C.CALOMENI, C. BURRILL	AGCC	2:11.72	2009
7	GIRLS 9-10 100Y MEDLEY RELAY	S. BEISEL, S.SMITH, C.HUFFMAN, J.KLIEWER	SCVCC	1:05.84	2013
8	BOYS 9-10 100Y MEDLEY RELAY	D. LAUDON, J. CAMERON, J. KIM, J. TAYLOR	MTVD	1:06.76	2018
9	GIRLS 7-8 100Y MEDLEY RELAY	N. MILUTIN, Y. CHEN, S. BEISEL, E. MCLANE	SCVCC	1:16.68	2012
10	BOYS 7-8 100Y MEDLEY RELAY	A. ZHANG, J REN., T AMAYA, B. WANG	SCVCC	1:17.90	2011
11	MIXED 6&U 100Y MEDLEY RELAY	D. FORDYCE, C. KERLEY, L. SCANNELL, M. SANDOVAL	BEL	1:40.66	2003
13	GIRLS 15-18 50Y BUTTERFLY	CHELSEA HUFFMAN	SCVCC	26.69	2018
14	BOYS 15-18 50Y BUTTERFLY	AIDEN GEORGE	AGCC	22.80	2022
15	GIRLS 13-14 50Y BUTTERFLY	DANIELA FASAN	LPAC	27.31	2016
16	BOYS 13-14 50Y BUTTERFLY	SEAN CHEN	SCVCC	24.70	2022
17	GIRLS 11-12 50Y BUTTERFLY	AYLA BURKE	BEL	28.49	2024
18	BOYS 11-12 50Y BUTTERFLY	OWEN McCORMICK	OAK	27.25	2010
19	GIRLS 9-10 25Y BUTTERFLY	AYLA BURKE	BEL	13.90	2022
20	BOYS 9-10 25Y BUTTERFLY	ETHAN TAYCO	OAK	14.39	2018
21	GIRLS 7-8 25Y BUTTERFLY	STEFFI BEISEL	SCVCC	16.01	2012
22	BOYS 7-8 25Y BUTTERFLY	OZZY SU	SCVCC	16.68	2024
23	GIRLS 6&U 25Y BUTTERFLY	NADEZDA LENGYEL	SCVCC	19.04	2016
24	BOYS 6&U 25Y BUTTERFLY	RONIN TYRELL	BEL	18.25	2018
25	GIRLS 15-18 50Y BACKSTROKE	SANDRA SOE	OAK	27.51	2013
26	BOYS 15-18 50Y BACKSTROKE	JAKE DESANTIS	LPAC	25.24	2019
27	GIRLS 13-14 50Y BACKSTROKE	SANDRA SOE	OAK	27.54	2012
28	BOYS 13-14 50Y BACKSTROKE	COOPER BURRILL	AGCC	26.74	2011
29	GIRLS 11-12 50Y BACKSTROKE	SANDRA SOE	OAK	29.70	2010
30	BOYS 11-12 50Y BACKSTROKE	KANWAR SETHI	SCVCC	29.25	2022
31	GIRLS 9-10 25Y BACKSTROKE	SANDRA SOE	OAK	15.43	2008
32	BOYS 9-10 25Y BACKSTROKE	KEVIN SICHAK	SCVCC	15.79	2012
33	GIRLS 7-8 25Y BACKSTROKE	SANDRA SOE	OAK	17.97	2006
34	BOYS 7-8 25Y BACKSTROKE	COOPER BURRILL	AGCC	18.43	2005
35	GIRLS 6&U 25Y BACKSTROKE	SANDRA SOE	OAK	20.34	2004
36	BOYS 6&U 25Y BACKSTROKE	COOPER BURRILL	SCVCC	21.74	2003

37	GIRLS 9-10 100Y INDIVIDUAL MEDLEY	AYLA BURKE	BEL	1:10.45	2022
38	BOYS 9-10 100Y INDIVIDUAL MEDLEY	KEVIN SICHAK	SCVCC	1:13.44	2012
39	GIRLS 11-12 100Y INDIVIDUAL MEDLEY	AYLA BURKE	BEL	1:04.46	2024
40	BOYS 11-12 100Y INDIVIDUAL MEDLEY	MICHAEL BRANNAN	OAK	1:02.57	2012
41	GIRLS 13-14 100Y INDIVIDUAL MEDLEY	HANNAH WOMER	AGCC	59.77	2014
42	BOYS 13-14 100Y INDIVIDUAL MEDLEY	SEAN CHEN	SCVCC	56.40	2022
43	GIRLS 15-18 100Y INDIVIDUAL MEDLEY	CHELSEA HUFFMAN	SCVCC	1:00.36	2018
44	BOYS 15-18 100Y INDIVIDUAL MEDLEY	JAMES BEDELL	SCVCC	53.43	2009

45	GIRLS 6&U 25Y BREASTSTROKE	SANDRA SOE	OAK	22.61	2004
46	BOYS 6&U 25Y BREASTSTROKE	LUKE KALYNIJ	MTVD	24.13	2014
47	GIRLS 7-8 25Y BREASTSTROKE	MORGANNE MCKENNAN	SCVCC	19.85	2007
48	BOYS 7-8 25Y BREASTSTROKE	WILLIAM HEDDEN	AGCC	19.08	2017
49	GIRLS 9-10 25Y BREASTSTROKE	ALANNA JURICH	BEL	16.93	2009
50	BOYS 9-10 25Y BREASTSTROKE	JACK CAMERON	MTVD	16.62	2018
51	GIRLS 11-12 50Y BREASTSTROKE	MORGANNE MCKENNAN	SCVCC	32.41	2011
52	BOYS 11-12 50Y BREASTSTROKE	MICHAEL BRANNAN	OAK	31.68	2012
53	GIRLS 13-14 50Y BREASTSTROKE	HANNAH WOMER	AGCC	30.63	2014
54	BOYS 13-14 50Y BREASTSTROKE	CHRISTIAN BEDELL	SCVCC	29.01	2008
55	GIRLS 15-18 50Y BREASTSTROKE	MORGANNE MCKENNAN	SCVCC	29.68	2017
56	BOYS 15-18 50Y BREASTSTROKE	JOSH APPLEBAUM	BEL	26.96	2014
57	GIRLS 6&U 25Y FREESTYLE	SANDRA SOE	OAK	16.93	2004
58	BOYS 6&U 25Y FREESTYLE	CODY VITEZ	SCVCC	16.80	1999
59	GIRLS 7-8 25Y FREESTYLE	SANDRA SOE	OAK	15.00	2006
60	BOYS 7-8 25Y FREESTYLE	OWEN NEITZEL	MTVD	14.71	2014
61	GIRLS 9-10 25Y FREESTYLE	SANDRA SOE	OAK	13.08	2008
62	BOYS 9-10 50Y FREESTYLE	KEVIN SICHAK	SCVCC	13.10	2012
63	GIRLS 11-12 50Y FREESTYLE	SANDRA SOE	OAK	26.14	2010
64	BOYS 11-12 50Y FREESTYLE	MICHAEL BRANNAN	OAK	24.91	2012
65	GIRLS 13-14 50Y FREESTYLE	HANNAH WOMER	AGCC	24.33	2014
66	BOYS 13-14 50Y FREESTYLE	COOPER BURRILL	AGCC	22.58	2011
67	GIRLS 15-18 100Y FREESTYLE	SANDRA SOE	OAK	52.98	2015
68	BOYS 15-18 100Y FREESTYLE	AIDEN GEORGE	AGCC	46.64	2022
69	BOYS 6&U 100Y FREESTYLE RELAY	Z. LERNER, A. LEONARD, A. YOUNG, S. BEISEL	SCVCC	1:25.34	2010
71	GIRLS 7-8 100Y FREESTYLE RELAY	S. IACOBELLI, S. STEBBINS, S. BEISEL, A. LEE	SCVCC	1:07.04	2011
72	BOYS 7-8 100Y FREESTYLE RELAY	D. NOLAN, B. MONTGOMERY, D. BETTINGER, M. FANELLI	AGCC	1:08.12	2015
73	GIRLS 9-10 100Y FREESTYLE RELAY	M. WYNESS, A. HODGES, S. SEPS, S. IPSARO	LPAC	57.21	2018
74	BOYS 9-10 100Y FREESTYLE RELAY	J. LAUGHLIN , J. BURRILL, K. ERGAS, C. GREEN	AGCC	55.56	2008
75	GIRLS 11-12 200Y FREESTYLE RELAY	C. PERKINS, R. CORSSLAND, R. MALHI, G. LIU	OAK	1:54.89	2022
76	BOYS 11-12 200Y FREESTYLE RELAY	N. ELLIOTT, R. BURRILL, T. HACKETT, G. VADO	AGCC	1:52.71	2015

77	GIRLS 13-14 200Y FREESTYLE RELAY	G. LIU, R. MALHI, S. TAYCO, A. MURPHY	OAK	1:43.83	2023
78	BOYS 13-14 200Y FREESTYLE RELAY	J. RAINER, C. RAMIREX, N. SOE, D. YOUNG	OAK	1:38.91	2010
79	MIXED 15-18 200Y FREESTYLE RELAY	J.LANDRUM, N.THIEL, S.SOE, J.GIACINTO	OAK	1:37.14	2014

Special Thanks To...

VCSL TEAM REPRESENTATIVES	
Almaden C.C. [AGCC]	Montevideo [MTVD]
Brenden and Valerie Caleca Joan Varty	Theresa Hull Sarah Mettler
Belwood [BEL]	Oaktree Park [OAK]
Gretchen Gabriel Darrin Shimizu	Liz Westgate Rommellyn Fisher
LOS PASEOS [LPAC]	SILVER CREEK VALLEY C.C. [SCVCC]
Jennie Anderson Toni Mendez	Liv Weaver Molly McFatridge
VCSL DIRECTOR DUTIES	
League Commissioner ~ Theresa Hull and Sarah Mettler (MTVD) Treasurer ~ Joan Varty [AGCC]	

CHAMPIONSHIP MEET VOLUNTEERS		
Meet Director	Meet Director	Meet Director
Theresa Hull Sarah Mettler [MTVD]	Gretchen Gabriel Darrin Shimizu [BEL]	Liv Weaver Molly McFatridge [SCVCC]
National Anthem Singer	Time Drops	Computer Scorers
Cara Fingerman [AGCC]	Nir Guberman	Steve Saah [AGCC]

VCSL Champions by Year

League Champions	Year	Dual Meet Champions
Belwood	1998	
Los Paseos	1999	Los Paseos
Los Paseos	2000	Belwood
Los Paseos	2001	Belwood
Los Paseos	2002	Belwood
Belwood	2003	Belwood
Oaktree	2004	Belwood
Belwood	2005	Belwood
Belwood	2006	Belwood
Belwood	2007	Almaden, Belwood, Los Paseos
Almaden	2008	Almaden
Almaden	2009	Silver Creek
Oaktree	2010	Oaktree
Silver Creek	2011	Almaden
Almaden	2012	Almaden
Almaden	2013	Almaden
Oaktree	2014	Almaden
Oaktree	2015	Oaktree
Almaden	2016	Oaktree
Oaktree	2017	Oaktree
Oaktree	2018	Oaktree
Los Paseos	2019	Los Paseos
Belwood	2022	Almaden

